

Nutrition Facts

1 serving per container

Serving size

1 package

Amount per serving

Calories

200

% Daily Value*

Total Fat 12g **15%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 240mg **10%**

Total Carbohydrate 23g **8%**

Dietary Fiber 2g **7%**

Total Sugars 2g

Protein 3g

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 0.9mg 4%

Potassium 520mg 10%

Not a significant source of added sugars.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Potatoes, Vegetable Oil (Sunflower, Corn, and/or Canola Oil), Sour Cream and Herb Seasoning (Skim Milk, Salt, Sour Cream [Cultured Cream, Skim Milk], Spices, Dextrose, Whey, Maltodextrin [Made From Corn], Tomato Powder, Canola Oil, Natural Flavors, Onion Powder, Lactose, Citric Acid, Garlic Powder, Buttermilk, Whey Protein Isolate, and Milk Protein Concentrate)

CONTAINS MILK INGREDIENTS.